

Why EAP?

PROVEN MENTAL HEALTH SUPPORT

The Employee Assistance Program peak body has released new research into the current state of EAP in the Australian community. EAP is a front-line, self-referred, short term and evidence based mental health solution for both early intervention and crisis support. Funded by the workplace and free for employees, it's as confidential as seeking private support.

8K+

EAPAA provider members partner with over 8,000 customers in the Australian marketplace.

8M+

More than 8 million direct employees are covered by EAPAA providers, with services extended to their immediate families too.

84%

Effectiveness rate of EAP in resolving presenting issues, coupled with a 90% client satisfaction rate.

SOURCE: WWW.EAPAA.ORG.AU

